

Are you ready?

www.crwrc.org/pandemic



CRWRC
Canadian Red Cross

Vulnerable Populations

Within your congregation and broader community are people who are going to be more severely impacted by a pandemic. They might be poor and unable to afford stockpiles of food and water, or they might rely on medication or medical equipment such as oxygen tanks. They might speak only Spanish or an indigenous language, making emergency information difficult to read or understand. Those are some of the factors that could leave many residents vulnerable in the event of a disaster such as a pandemic flu outbreak.

National, provincial, state and municipal governments have included specific sections in their pandemic plans.

Government plans

Canada

<http://www.influenza.gc.ca/>

The Canadian Pandemic Influenza Plan for the Health Sector maps out how the health sector can prepare for and respond to pandemic influenza in Canada. It does so by outlining the actions that should be taken during each pandemic phase and clarifying the roles and responsibilities. As a practical working tool, it also provides guidelines and checklists to assist in emergency planning.

United States

<http://www.pandemicflu.gov/>

This webpage is a one stop for US Pandemic Preparedness and contains both the national pandemic plan as well as a searchable database of state plans. Three States with good information that is user friendly:

- State of Massachusetts
- State of South Carolina
- State of Tennessee

Vulnerable Populations during a Pandemic

FluTracker

<http://www.flutracker.com/forum/showthread.php?t=9640>

FluTracker is dedicated to the public health of the world's citizens by advancing policies, protocols, innovations, and practices that improve the health of vulnerable populations. We will enhance the health of communities by informing, educating, developing and maintaining integrated programs. We recognize and stress the importance of the relationship between human rights and health status.

Inner City Fund International

<http://www.icfi.com/markets/homeland-security/pandemic-preparedness.asp>

ICF International is engaged in developing pandemic flu preparedness plans by addressing the needed coordination among all levels of government and the private sector, and testing or exercising the plans in numerous communities/regions. This assistance results in more efficient use of budgets for pandemic planning and ultimately boosts a community's level of preparedness.

Self Care

<http://www.caregiver.on.ca/cgcc.html>

A website designed for caregivers -- where you can find information to help you make decisions or find help when you need it, and be reminded to take care of yourself. If *you* fall apart, there will be two of you needing care. Take it from one who knows!